



Ask your questions

About bone marrow transplants

Did you forget to ask your medical team a question? Here is a list of the most commonly asked questions by patients and carers.

Remember – don't be afraid to ask. Why not tick next to the questions you may feel relevant.

- What is a bone marrow transplant?
- What is a stem cell?
- Who can be my donor?
- I do not have any siblings that are a match; what are my options now?
- I need an unrelated donor transplant; is it as good as a matched sibling?

- What does 'autologous' mean?
- What does 'allogeneic' mean?
- Can overseas searches be undertaken? If not, why not?
- What if a donor can't be found?
- How is the bone marrow extracted?
- What happens during a bone marrow transplant?
- What are the side effects?

- What exactly is radiotherapy?
- Does it hurt? Will it make me sick?
- What happens if I reject the marrow?
- Will I have to take medication for life?
- Why do I need to be in isolation following a bone marrow transplant?

- What is a clean diet?
- Do I have to maintain a clean diet at home?
- What does "being neutropenic" mean?
- Can a relative stay with me during the transplantation period?